

FRESH BREAD

check availability

Ciabatta well hydrated loaf, slow fermented with open crumb made from white bread flour	43
Country Loaf rustic sourdough brown loaf, fermented over a full day	43
Light Rye sourdough loaf made with half rye and half wheat, fermented over a full day	48
100% Rye dark and dense sourdough loaf made with rye flour topped with crushed rye	60
Seed Loaf low GI loaf made with flax seeds, sunflower seeds, sesame seeds, crushed rye & whole wheat	50
Plaasbrood white sandwich loaf	34
Burger Bun a soft, enriched bun, topped with sesame seeds and poppy seeds.	7
Croissant Loaf a square loaf made with our buttery croissant dough	65
Challah <i>only made on Fridays</i> a light and fluffy braided bread topped with sesame seeds	50
Walnut & Date Loaf moist, cake bread, with toasted walnuts and dates	95
Gluten Free Loaf <i>only made on order</i> buckwheat flour, coconut flour, flax seed flour, sunflower-, flax- and pumpkin seeds mixed with eggs & honey	85

PASTRIES

check availability

Plain Croissant	29
Belgium Chocolate Croissant	39
Almond Croissant	45
Custard & white Chocolate Croissant	45
Ham & Cheese Croissant	45
Rueben Croissant	45
Pastrami, cheese & mustard mayo	
Cinnamon & Raisin Cruffin	39
Pastel de Nata	24
Baked Cheese Cake	60
Carrot Cake	60
Apple Crumble	60
Pecan Pie	60
Bakewell Tart	60
Banana Brownie	35
Cinnamon Bun & cream cheese	45
Muffin – banana or bran	27
with butter, cream, jam & cheese	48
Amasi Cheese Scone	27
with butter, cream, jam & cheese	48
Cookie	7
Bliss Ball	12
dates, nuts, cocoa, orange peel, coconut	

Light Meals

add twice cooked, hand cut chips + 35

Bacon, Onion & Cheese Quiche	69
Spinach, Tomato & Cheese Quiche	69 <i>v</i>
Butternut, Broccoli, Feta & Peppadew Quiche	69 <i>v</i>



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BREAKFAST

our eggs are free- range

Toast or Plain Croissant served with butter, homemade jam & cheese	58	V
Egg & Toast <i>feel free to add from EXTRAS</i> two slices of toast with two creamy scrambled or poached eggs	69	V
Eggs & Croissant two creamy scrambled eggs served on toasted croissant	74	V
~ with mushrooms	85	V
~ with smoked bacon	95	
~ with smoked trout & lemon	120	
Eggs Benedict two slices of toast, two poached eggs & hollandaise	110	
~ with smoked bacon & tomato	110	V
~ with mushroom, tomato, hummus & basil pesto	140	
~ with smoked trout, cream cheese, capers & lemon	140	
French Toast plaasbrood, smoked bacon, mascarpone, apricot sauce, grilled peach & toasted almonds	110	
FOOD Co two slices of toast, two poached eggs, bacon, beans, boerewors, tomato relish & mushrooms	130	
Green Bowl two slices of toast, two poached eggs, creamy herb hummus, mushrooms, fresh tomato, pickled vegetable, greens & pesto oil	120	V
Shakshuka our twist on a fragrant tomato, pepper paprika stew with poached eggs & feta herb yogurt served with two slices of toast	100	V
Chicken Livers free range livers, peri – peri style sauce, double cream yogurt, garlic herb dressing, with two slices of toast	110	
Plain or Chocolate Granola double cream yogurt, fresh banana, mint & honey	75	V

EXTRAS

add to any meal

Oat milk Almond milk	10
Butter Cream Honey Jam Tomato	12
Free-range poached egg	10
Two creamy free-range scrambled eggs	20
Two slices of toast	20
White cheddar cheese	20
Avo smash	30
Mushrooms Basil pesto Hollandaise	30
Chips - twice cooked, hand cut	35
Bacon Boerewors Ham Beef patty	35
Smoked free-range Chicken	40
Three Streams trout	65

TOASTIES & OPEN SANDWICHES

add twice cooked, hand cut chips + 35

Cheese & Tomato cheddar, tomato, tomato relish & red onion ~ with basil pesto	67	V
Three Cheese emmental, cream cheese, cheddar, caramelized onion & thyme	80	V
Ham, Cheese & Tomato smoked Italian ham, cheddar, tomato & whole grain mustard	90	
Kimchi Grilled Cheese spicy fermented veggies, honey, emmental & cheddar	95	V
Brekkie Toastie smoked bacon, creamy scrambled eggs, cheddar & tomato relish	105	
Chicken Mayo free range chicken, tangy mayo, gherkins & greens	90	
Bacon, Brie & Chutney smoked bacon, brie, pear-&-apple hot chutney & greens	110	
Loaded Avo Open Sandwich avo, dukkah, red onion pickle, greens & sprouts ~ with two poached eggs	80	V
Halloumi & Cucumber Open Sandwich Grilled halloumi, creamy herb hummus, cucumber, toasted nuts & sweet chili sauce	95	V

ON OUR ROLLS

add twice cooked, hand cut chips + 35

Cheese Burger beef patty, special burger sauce, red onions, tomato, pickles, greens, cheddar & beer battered onions	105
Spicy Avo Burger beef patty, spicy mayo lettuce, tomato, red onions, avocado & beer battered onions	110
Bacon, Brie & Fig Burger beef patty, special burger sauce, smoked bacon, greens, brie, green fig preserve & beer battered onions	115

SALAD BOWLS

Caesar Salad greens, pecorino, bacon bits, croutons & Caesar dressing ~ with smoked chicken & poached egg	90
Thai Style Chicken Salad smoked chicken, greens, carrot, cucumber, cabbage, fresh herbs, roasted ground nuts, toasted sesame seeds, red onion & pickled onions served with a Thai peanut sauce	125
Falafel bowl falafel balls, shredded cabbage, tzatziki, greens, avo, toasted seeds, tomato, cucumber, carrot, red onions, homemade pickles & white falafel sauce.	120